

## **Multimedia Appendix 3: Technological requirements for video counselling**

Clients must have:

- a private email address
- high-speed internet
- web cam
- land line within reach of their computer monitor (cell phone use is allowed but clients are advised against it and are informed of the potential confidentiality risks associated with cell phone use)
- comfort with using internet and web cam, preferably experience with platforms like Skype
- a quiet private place for the appointment with no distractions or interruptions