

Organization or lead author	Year	Last revised	Expiry/next review date	Country	Guideline type	Peer-reviewed	Technological focus/scope	Target audience?	Consumer input?
American Counseling Association (ACA)	2014	2014	N/A	USA	Code of ethics – section on technology	No*	Distance counselling, technology & social media	Counselors	No*
Association of Canadian Psychology Regulatory Organizations (ACPRO)	2011	N/A	N/A	Canada	Model standards	No	Telepsychology via “communication technology”	Psychologists	No
American Mental Health Counselors Association (AMHCA)	2010	2010	N/A	USA	Code of ethics – section on technology	No	Technology-assisted counseling including computer, telephone, internet and other communication devices	Mental health counselors	No
American Psychological Association Joint Taskforce (APA-JT) for the Development of Telepsychology Guidelines for Psychologists	2013	N/A	N/A	USA	Practice recommendations in peer-reviewed literature	Yes	Telepsychology : telephone, mobile devices, videoconferencing, e-mail, chat, text, internet (e.g. self-help, websites, blogs, social media)	Psychologists	No
American Psychological Association (APA) Division 29	2011	N/A	N/A	USA	General practice recommendations	No	Real-time sessions via phone and video	Psychologists	No
Australian Psychological Society (APS)	2011	N/A	N/A	Australia	Practice recommendations	No	Internet, e-mail, text messaging, telephone, skype, video conferencing	Psychologists	No
American Telemedicine Association (ATA)	2013	N/A	N/A	USA	Practice recommendations	No	Real-time internet-based videoconferencing, using computers and mobile devices	Health practitioners	No

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American Telemedicine Association – South Africa (ATA-SA)	2011	N/A	N/A	South Africa	Practice guidelines	Yes	Videoconferencing, not delivered over Internet	Psychiatrists, mental health practitioners	No
The British Psychological Society (BPS)	2009	N/A	N/A	United Kingdom	Ethical practice recommendations	No	Real-time internet-based videoconferencing (using computers and/or mobile devices), e-mail, websites, telephone	Psychologists	No
Canadian Psychological Association (CPA)	2006	N/A	Draft version will be finalised with next issue of <i>Canadian Code of Ethics for Psychologists</i>	Canada	Ethical practice recommendations	No	Electronic media (e.g. telephone, videoconferencing, e-mail, chat rooms)	Psychologists	No
European Federation of Psychologists' Association (EFPA)	2006	N/A	N/A	Europe	Ethical practice recommendations	No	Internet (e.g. real-time software, e-mail), telephone, fax, TV, radio and written communication	Psychologists	No
Joint International Society for Mental Health Online/ Psychiatric Society for Informatics (ISMHO/PSI)	2001	N/A	N/A	USA	Ethical practice recommendations – peer reviewed literature	Yes	Online services (e.g. e-mail, videoconferencing)	Psychologists/ Clinicians	Yes (ISMHO includes lay persons)

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National Board for Certified Counselors (NBCC)	2001	N/A	N/A	USA	Standards of practice	No	Internet counselling, including chat, email- or video-based counselling for individuals, couples or groups	Primarily counsellors, but also clients, the public, educators, and relevant organization -ns delivering Internet counselling	No
New Zealand Psychologists Board (NZPB)	2011	N/A	Draft version to be finalised after Board's February 2012 meeting	New Zealand	Best practice recommendations	No	Telepsychology : telephone, e-mail, videoconferencing, texting, chat rooms, online message boards	Psychologists	No
Dever Fitzgerald	2010	2010	N/A	Canada, USA	Ethical and legal considerations with practice recommendations	No	Internet-based psychotherapy (IBP), involving web pages and self-help materials with varying degrees of therapist contact via e-mail, videoconferencing, and/or telephone	Psychologists	No
Drum	2014	N/A	N/A	USA	Best-practice recommendations – in peer-reviewed literature	Yes	Telepsychology : telephone, e-mail, text, videoconferencing, mobile applications, and Web-based programs	Psychologists	No
Lawlor-Savage	2014	2013	N/A	Canada	Ethical practice recommendations – peer-reviewed literature	Yes	Digital cognitive behavioural therapy (CBT; computerised and/or internet-based)	Psychologists	No

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Johnson	2014	2014	N/A	Canada	Best practice recommendations – peer-reviewed literature	Yes	Telepsychology : telephone, e-mail, chat, videoconferencing	Psychologists	No
Luxton	2012	N/A	N/A	USA	Safety planning recommendations	No	Synchronous, two-way home-based ‘telemental health’	Psychologists, mental health clinicians	No

* Unless guidelines specifically noted having been peer-reviewed, or including consumer input, they were assumed not to have. ** In order to be considered ‘peer-reviewed’ here it was not sufficient for guidelines to be published in a peer-reviewed journal; rather, guidelines needed to explicitly state that they underwent a process during guideline development whereby their recommendations were reviewed by colleagues or other relevant organisations or stakeholders. N/A = Not available; USA = United States of America.