

Appendix 1

Table A. Mixed models for the prediction of change in chronic stress levels from pre to post evaluation: Model A, B, and C (gender reference category—female, year—year of apprenticeship, year of apprenticeship reference category—first year).

Predictor	Model A			Model B			Model C		
	Co-efficient	SE	<i>P</i>	Co-efficient	SE	<i>P</i>	Co-efficient	SE	<i>P</i>
(Intercept)	1.39	0.04	<0.001	1.38	0.05	<0.001	1.38	0.05	<0.001
Group (Model B)	-	-	-	0.04	0.06	0.54	0.04	0.06	0.54
Group* (Model C)	-	-	-	-	-	-	-0.15	0.03	<0.001
Time (Model C)	-0.15	0.03	<0.001	-0.15	0.03	<0.001	-0.04	0.07	0.56
Gender	-0.23	0.06	<0.001	-0.23	0.06	<0.001	-0.23	0.06	<0.001
Year	-0.14	0.06	0.01	-0.14	0.06	0.01	-0.14	0.06	0.01
Age	0.01	0.02	0.62	0.01	0.02	0.59	0.01	0.02	0.59
Random effects									
		σ			σ			σ	
Residual		0.20		Residual		0.21	Residual		0.21
Intercept		0.21		Intercept		0.21	Intercept		0.21