

Follow up time points	Group	Mean (SD)				
		Relapses	Cravings	AEF	MCEF	CCM
1 week	Comparison	.48 (1.00)	34.15 (60.32)	9.21 (.91)	8.05 (1.84)	4.19 (1.39)
	Experimental	.68 (.88)	21.21 (28.03)	8.92 (1.35)	8.48 (1.98)	4.51 (1.30)
2 weeks	Comparison	3.38 (13.01)	12.11 (14.98)	9.00 (1.08)	8.50 (1.82)	-
	Experimental	.67 (.90)	15.19 (28.98)	9.25 (1.11)	8.20 (2.04)	-
3 weeks	Comparison	.52 (.99)	10.55 (12.47)	8.79 (1.31)	8.74 (1.40)	-
	Experimental	.58 (.96)	12.61 (23.82)	9.04 (1.33)	8.43 (2.40)	-
4 weeks	Comparison	.82 (1.46)	21.33 (48.59)	9.11 (1.24)	8.42 (1.64)	4.63 (1.39)
	Experimental	.84 (1.64)	9.90 (15.23)	8.95 (1.78)	8.45 (2.19)	4.32 (1.57)
8 weeks	Comparison	2.42 (5.91)	16.53 (25.19)	9.25 (1.00)	8.06 (2.59)	-
	Experimental	4.37 (15.67)	8.72 (21.28)	8.68 (2.13)	8.05 (3.20)	-
12 weeks	Comparison	14.40 (36.97)	15.40 (29.11)	9.06 (1.27)	7.93 (2.89)	4.73 (1.76)
	Experimental	4.60 (8.16)	27.05 (38.97)	9.00 (1.77)	6.80 (3.23)	3.98 (2.06)
24 weeks	Comparison	3.47 (5.68)	24.33 (37.50)	9.07 (1.87)	6.07 (4.14)	4.87 (2.07)
	Experimental	9.71 (22.25)	13.36 (24.70)	7.80 (3.05)	7.07 (3.53)	4.03 (2.17)

Note: AEF = Awareness Efficacy; MCEF = Manage Cravings Efficacy; CCM = Cravings Control Management. There were no significant between group differences detected in the means